



### **Patient Information for Semen Collection**

A semen analysis is an important part of the infertility evaluation. In examining the couple's infertility, the male's sperm will be evaluated and counted. A semen analysis is an accurate measurement of the number of sperm, their motility, and their shape. The information gained from this examination is probably the most single important test in the evaluation of the male partner.

### **Instructions for Semen Analysis**

It is **required** to have an appointment for your analysis.

Please call (806) 743-4256 to make your appointment.

If not covered by insurance, the standard charge is **\$100**.

- Refrain from sexual activity, including masturbation, for ***2-3 days before your appointment*** (longer periods are discouraged).
- Please make the lab aware of any recent illness or new medications as this may affect your analysis.
- The specimen will be collected by masturbation. Alternate methods may be discussed with your physician.
- Your physician must review the results. Once reviewed, you will be notified of the results. Please allow up to 3 weeks for testing and review to be completed.

### **If you collect at OB/GYN Clinical Lab**

- You **must make an appointment** with the lab so they are aware that you will be arriving for collection.
- **ONLY** use the container provided by the lab.
- Please follow the lab's instructions to ensure proper specimen identification.
- **Before you leave the lab**, please complete all necessary paperwork which will be provided to you at the time of your appointment.

### **If you collect at home**

- You **must make an appointment** with the lab so they are aware that you will be dropping off your specimen.
- You **must** be able to have the specimen in the lab within 30 minutes to 1 hour from the time it was collected. *If you are unable to deliver the specimen to the lab in the required time, you will need to collect in the lab.*
- **ONLY** collect in a container provided by your physician's office or the OB/GYN Clinical Lab.
- **DO NOT** expose the specimen to direct sunlight or extreme temperatures.
- Please follow the lab's instructions to ensure proper specimen identification.
- **Before you leave the lab**, please complete all necessary paperwork which will be provided to you at the time of your appointment.

### **IUI collection**

- If collecting at home, **ONLY** use the container provided by the physician's office.
- The specimen **must** be in the lab within 30 minutes to 1 hour from the time it was collected.
- Please follow the lab's instructions to ensure proper specimen identification.
- **Before you leave the lab**, please complete all necessary paperwork which will be provided to you at the time of your appointment.

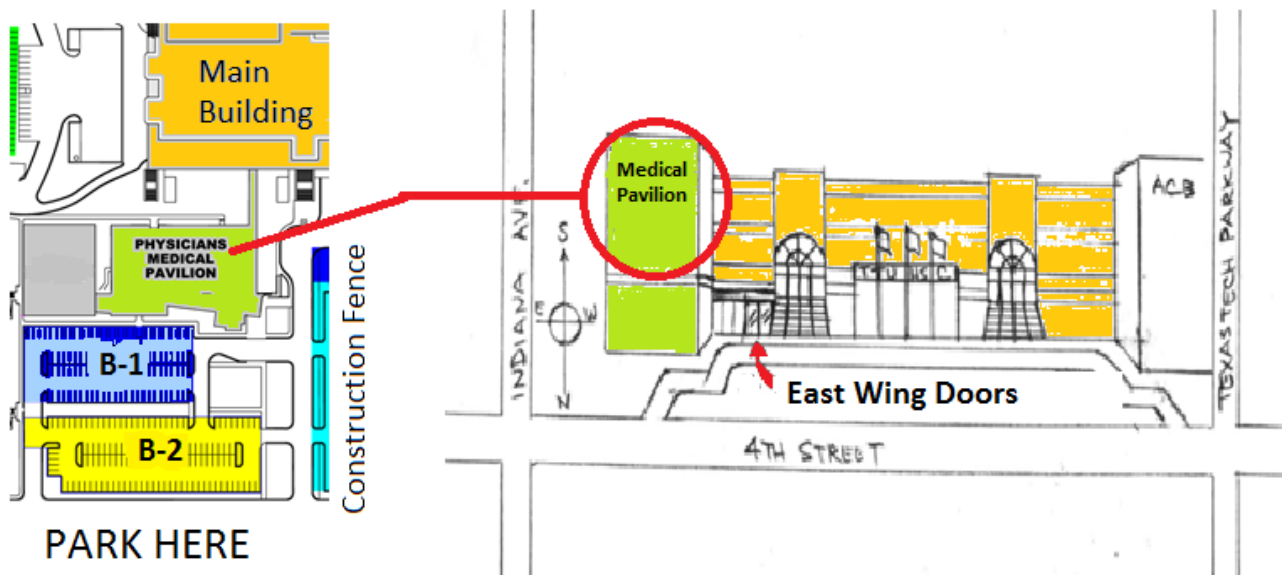
➤ *Directions to the lab can be found on the back of this sheet.*

### **Directions to the OBGYN Clinical Lab:**



Due to construction please be sure to locate the B-2 Parking Lot. Enter the East Wing door of the building as shown on the map. Skip the first Elevator Bank in the hallway. Go to the **SECOND** elevator bank down the hallway and take the elevator to the **THIRD** floor. Exit the Elevator and turn **RIGHT**. On the wall in front of you, there is a sign that reads “Dr. Bernhard T. Mittermeyer Urology Clinic” and “OB/GYN Clinical Lab”. Follow the hallway in the direction of OB/GYN Clinical Lab. In the middle of this hallway, you will see another OB/GYN Clinical Lab sign (hung from the ceiling) directing you to turn **RIGHT**. Come to room number 3B207 (third double door on your left).

If you need assistance, please call 806-743-2352.



**Weekend Directions to get to the OB/GYN lab:**

Enter at the East Wing door as shown on the map. There is an intercom, press the button and explain that you have an appointment with the OB/GYN lab for a procedure. Once they let you in, walk directly down the hall, skipping the first Elevator Bank in the hallway. Go to the **SECOND** elevator bank down the hallway and take the elevator to the **THIRD** floor. Exit the Elevator and turn **RIGHT**. On the wall in front of you, there is a sign that reads “Dr. Bernhard T. Mittermeyer Urology Clinic” and “OB/GYN Clinical Lab”. Follow the hallway in the direction of OB/GYN Clinical Lab. In the middle of this hallway, you will see another OB/GYN Clinical Lab sign (hung from the ceiling) directing you to turn **RIGHT**. Come to room number 3B207 (third double door on your left).

Lab Staff: Dr. Sam Prien or Susan Chavez—Phone # 806-743-2352