

- Children's
- Problems
- Checklist™
-

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Child's Name _____ Age _____

Male _____ Female _____ Date _____

DIRECTIONS

On the following pages you will find a list of problems which parents commonly face in raising a child. This list surveys emotions, habits, school, attitudes, and other areas of your child's life.

Read the list carefully and make a check (✓) next to each statement that describes a problem your child has. Circle those statements which you feel are the most important problems at this time. Do your best to review the list as objectively as you can.

EXAMPLE

42 ____ is afraid to ask other children to play

43 ____ tries to be too much like other children

44 ✓ always tries to please others

If your child has problems which are not listed on the following pages, please write them on the bottom of the last page. Your responses will only be discussed with your doctor or counselor.

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Check all problems which apply—Circle the most important.

EMOT/32

- | | |
|--|---|
| 1 _____ frequently seems anxious or tense | 17 _____ seems withdrawn or spends a lot of time alone |
| 2 _____ cries easily or often | 18 _____ needs too much affection |
| 3 _____ worries a lot | 19 _____ is uncomfortable with affection |
| 4 _____ is overly dependent | 20 _____ does not respond to affection |
| 5 _____ needs to be reassured frequently | 21 _____ is too concerned with cleanliness |
| 6 _____ feelings are easily hurt | 22 _____ is too neat and orderly |
| 7 _____ frequently seems sad or depressed | 23 _____ is suspicious |
| 8 _____ feels guilty too easily or too often | 24 _____ acts too mature for age |
| 9 _____ feels inferior | 25 _____ worries about getting sick |
| 10 _____ is easily embarrassed | 26 _____ has unusual beliefs |
| 11 _____ has strong fears | 27 _____ sees or hears things that others do not |
| 12 _____ has many fears | 28 _____ is too involved with certain thoughts or ideas |
| 13 _____ refuses to sleep alone | 29 _____ has trouble relaxing |
| 14 _____ seems uncomfortable in new situations | 30 _____ seems too serious |
| 15 _____ is afraid to show anger | 31 _____ repeats certain behaviors over and over again |
| 16 _____ is easily upset | 32 _____ talks often about death or injury |
-

SEL/18

- | | |
|---|---|
| 33 _____ is self-critical | 42 _____ is afraid to ask other children to play |
| 34 _____ overreacts to small mistakes | 43 _____ tries to be too much like other children |
| 35 _____ acts inferior to other children | 44 _____ always tries to please others |
| 36 _____ is always a follower, never a leader | 45 _____ is not interested in learning |
| 37 _____ gives up easily | 46 _____ is not curious |
| 38 _____ is pessimistic | 47 _____ never disagrees |
| 39 _____ worries about making mistakes | 48 _____ does not give best effort |
| 40 _____ has little self-confidence | 49 _____ appears to be uninterested |
| 41 _____ always gives in to other children | 50 _____ is too humble |
-

PE/PL/18

- | | |
|--|--|
| 51 _____ is not friendly to other children | 60 _____ will not play alone |
| 52 _____ bullies other children | 61 _____ does not compromise with other children |
| 53 _____ hurts or teases other children | 62 _____ is a poor loser in games |
| 54 _____ does not share with other children | 63 _____ competes too hard in games |
| 55 _____ does not get along with children the same age | 64 _____ has friends who are a bad influence |
| 56 _____ is teased a lot by other children | 65 _____ has no hobbies or interests |
| 57 _____ is not liked by other children | 66 _____ is shy |
| 58 _____ has trouble making friends | 67 _____ is socially immature |
| 59 _____ has few friends | 68 _____ has friends that are mainly of the opposite sex |
-

SCH/14

- | | |
|---|--|
| 69 _____ does not finish homework | 76 _____ is considered a problem child in school |
| 70 _____ does not like school | 77 _____ is frequently late to school |
| 71 _____ does not get along with children at school | 78 _____ skips school |
| 72 _____ does not get along with teachers | 79 _____ frequently gets sick in school |
| 73 _____ needs too much attention from teachers | 80 _____ gets poor grades |
| 74 _____ is a discipline problem at school | 81 _____ is an underachiever |
| 75 _____ blames teachers for problems in school | 82 _____ is in remedial or special education classes |
-

Continue on next page ►

Check all problems which apply—Circle the most important.

LANG/THINK/20

- | | |
|--|---|
| 83 _____ refuses to talk | 93 _____ frequently daydreams |
| 84 _____ uses baby talk | 94 _____ does not have good common sense |
| 85 _____ misnames things | 95 _____ becomes confused easily |
| 86 _____ has trouble understanding instructions | 96 _____ is too involved in fantasies |
| 87 _____ forgets things | 97 _____ has an overactive imagination |
| 88 _____ has a poor memory | 98 _____ has trouble with reading |
| 89 _____ has trouble with time and date | 99 _____ has trouble with spelling or writing |
| 90 _____ has a poor sense of direction | 100 _____ has trouble using tools |
| 91 _____ has trouble knowing right from left | 101 _____ talks too fast |
| 92 _____ has trouble understanding puzzles and games | 102 _____ stutters or stammers |

CON/ORG/10

- | | |
|--|---|
| 103 _____ does not pay attention | 108 _____ has trouble getting organized |
| 104 _____ is easily distracted | 109 _____ has trouble planning activities |
| 105 _____ has trouble finishing projects | 110 _____ loses interest quickly |
| 106 _____ cannot finish game or puzzle | 111 _____ changes mind often |
| 107 _____ acts impulsively | 112 _____ has difficulty following rules |

ACT/MO/16

- | | |
|--|--|
| 113 _____ is uncoordinated | 121 _____ is frequently hurt or injured |
| 114 _____ frequently drops or breaks things | 122 _____ is restless |
| 115 _____ bumps into things | 123 _____ has trouble sitting still at dinner |
| 116 _____ is clumsy | 124 _____ is always climbing or running |
| 117 _____ has trouble throwing or catching a ball | 125 _____ has tics or twitches |
| 118 _____ is neither strongly right or left handed | 126 _____ has unexpected movements of arms or legs |
| 119 _____ is overactive | 127 _____ has trouble with balance |
| 120 _____ has a lot of accidents | 128 _____ seems listless or lacks energy |

BEH/34

- | | |
|---|--|
| 129 _____ often interrupts adults or children | 146 _____ threatens to hurt self |
| 130 _____ is uncooperative | 147 _____ frequently sulks or pouts |
| 131 _____ frequently argues or disagrees | 148 _____ is demanding |
| 132 _____ is disobedient | 149 _____ manipulates others |
| 133 _____ refuses to listen | 150 _____ plays with matches or fire |
| 134 _____ is stubborn | 151 _____ swears or uses bad language |
| 135 _____ is resentful | 152 _____ wishes to be opposite sex |
| 136 _____ is secretive | 153 _____ likes to dress like opposite sex |
| 137 _____ is too aggressive | 154 _____ has been involved in vandalism |
| 138 _____ has a bad temper | 155 _____ smokes, drinks, or uses drugs |
| 139 _____ always has to have own way | 156 _____ is too interested in sex |
| 140 _____ threatens to run away from home | 157 _____ is in trouble with police |
| 141 _____ intentionally breaks things | 158 _____ is defiant |
| 142 _____ is cruel to animals | 159 _____ is irresponsible |
| 143 _____ often brags or boasts | 160 _____ does not complete chores |
| 144 _____ is a show-off | 161 _____ does not respond to punishment |
| 145 _____ threatens to hurt others | 162 _____ has a bad reputation |

Continue on next page ►

Check all problems which apply—Circle the most important.

VAL/14

- | | |
|--|---|
| 163 _____ frequently lies | 170 _____ is unappreciative |
| 164 _____ cheats at games | 171 _____ is unaware of other children's feelings |
| 165 _____ takes or uses other children's toys | 172 _____ does not know right from wrong |
| 166 _____ steals things from children or adults | 173 _____ ignores rules |
| 167 _____ blames others for mistakes | 174 _____ is disrespectful of authority |
| 168 _____ takes advantage of others | 175 _____ does not keep agreements |
| 169 _____ does not feel guilty after misbehaving | 176 _____ has poor sense of loyalty |

HAB/16

- | | |
|--|--|
| 177 _____ has problem with bedwetting | 185 _____ has episodes of sleepwalking |
| 178 _____ soils underwear | 186 _____ is overweight |
| 179 _____ does not wash | 187 _____ is underweight |
| 180 _____ does not brush teeth | 188 _____ is a messy eater |
| 181 _____ sleeps poorly | 189 _____ eats only a few favorite foods |
| 182 _____ is frequently tired | 190 _____ eats dirt or other non-food material |
| 183 _____ has frequent nightmares | 191 _____ is not concerned with appearance |
| 184 _____ has trouble getting to sleep | 192 _____ has poor manners |

HEA/10

- | | |
|--------------------------------------|---|
| 193 _____ is often sick or ill | 198 _____ often complains of being ill |
| 194 _____ has allergies | 199 _____ seems to enjoy being sick |
| 195 _____ has asthma | 200 _____ uses sickness to avoid chores or school |
| 196 _____ has frequent headaches | 201 _____ frequently vomits |
| 197 _____ has frequent stomach aches | 202 _____ has problems with bowel movements |

List any other problems your child might have.